

TREATMENT PROTOCOL

Recommendation:

SESSION 1

SESSION 2

SESSION 3

SESSION 4

Day 0

Day 7 to 15

Day 15 to 30

> Day 30 (optional)



BEFORE USING:

1



An **informed consent** must be read and signed by the patient.



Remove any skin **cream** or **make-up from the patient's face**, and **shaved skin for men**.

2



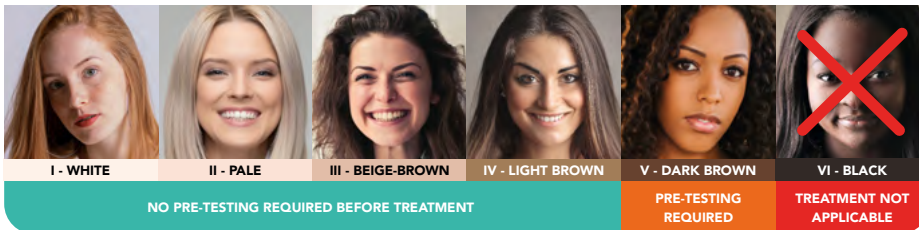
CONTRA-INDICATIONS:

- Injured, burnt or infected skin
- Precaution for pregnant and breast-feeding patient
- Exposure to artificial UV radiation, or use of a self-tan product within the last two weeks

- Consultation with a dermatologist is necessary in case of medical history of the face: cancer, vitiligo, psoriasis, lupus erythematosus, keloids
- Photo-sensitising treatment in progress
- History of sun hypersensitivity

3

SKIN TYPE RECOMMENDATIONS (Fitzpatrick scale):



PHOTOTYPE V:

Two weeks before treatment: test the effect of the protocol on a less visible area, chosen by the patient (ex: inner thigh, outer forearm).

If no erythema or adverse reaction appears after one week, proceed with treatment. Otherwise, do not proceed with treatment.

1



BEFORE TREATMENT:

- Install the patient on a **reclining chair**.
- Protect the hair** with a headband, clean the skin with micellar or physiological water, avoid alcohol-based solutions.
- Apply a thin **layer of colourless hydrogel** in the area to treat (cheek & temple).
- Protect any **tattoos, moles or skin lesions with a white protection**.
- Put on the patient **protective goggles**.
- Operator: put on the **protective glasses**.

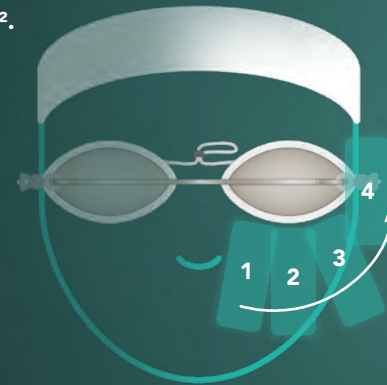


2



DURING TREATMENT:

- Adjust the fluence. Recommended fluence: **8 J/cm²**.
- Ask patient to close the eyes under the goggles (intense flash).
- Apply the handpiece onto the peri-orbital area. Avoid **excessive pressure**.
- Apply 4 shots on the lower peri-orbital area:**
 - 3 vertical shots on each cheek 1, 2, 3
 - 1 vertical shot on each temple 4



3

AFTER TREATMENT:

- Remove the protective goggles** of the patient.
- Remove the gel on the skin** with micellar or physiological water.
- Apply a moisturizer**, if erythema apply 1% hydrocortisone ointment.
- Avoid sun exposure after I.P.L. treatment or use sunscreen.**